



KPGA Golf in Schools Program

KPGA Professional's Manual

Contact Information:

Kim Shafer, PGA, LPGA

Director, Events-Marketing

Golf House Kentucky

502-243-8295, ext. 307

kshafer@kygolf.org

Objectives: Connect KPGA professionals with their communities and schools. Grow the game of golf within their communities. Educate elementary and middle school students on the game of golf. Become mentors and provide life skills. Develop relationships and friendships that will last a lifetime. Increase revenue for KPGA Professionals and their facilities.

Benefits for the School and Community:

- Provide a safe and fun educational opportunity for the students.
- Give the students the ability to learn new skills, both athletic and life skills.
- Provide a physical fitness program that promotes flexibility, posture, balance and gross motor skills. Develop fitness habits that will last a lifetime.

Benefits for the Students:

- Learn the game of golf.
- Learn the etiquette and conduct of a golfer. Learn how to act as a professional.
- Build communication and business skills.
- Create new friendships.
- Find a positive mentor and role model in the KPGA Professional.

Benefits for the KPGA Professional:

- Become connected to the school and community.
- Be seen as a leader in your community.
- Potential to grow after-school golf programs, attract new students and increase individual and facility revenue.

KPGA Golf in Schools - Plan of Action

1. Select a nearby school that you would like to partner with for this program.
2. Schedule a meeting with a school administrator (Principal or P.E. Teacher). Some school districts might require approval from the Superintendent or School Board prior to meeting with the school administrator. Promote the KPGA Golf in Schools program to the school administrator. Take the KPGA Golf in Schools informational packet to share with the school administrator. This can be done by the participating KPGA Professional or by Kim Shafer.
3. Determine the schedule of events with the P.E. Teacher. Discuss class sizes, length of classes and time of classes with the P.E. teacher.
4. Tour the facility. Determine any space limitations or issues.
5. Create curriculum and develop lesson plans based on the number of participants, the length of the classes and the facility's space and limitations.
6. Work closely with the P.E. Teacher. Remember the P.E. Teacher knows the students and can offer insights into which activities might be the best for certain classes or grades.
7. Schedule the exact dates and times for the KPGA Golf in Schools program. Confirm dates and times with the P.E. Teacher.
8. Begin the program.
9. After the program, ask for feedback from the school administrator or P.E. Teacher.
10. Offer an after-school program at your facility. Promote this program to the school administrator. Provide marketing materials for the after school program to the school administrator for distribution to the students.

KPGA Golf in Schools – Lesson Plans

First Lesson: Putting

Introduction: (3-5 minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 minutes) Have students practice these skills.

- How do you greet your playing partner? – “Hi. My name is _____. It is nice to meet you. I am looking forward to playing with you today.”
- Make a good first impression. Tuck in your shirt and wear your hat straight forward on your head. Always smile when you meet someone and offer to shake their hand.



Rules and Etiquette Development: (3-5 Minutes)

- What is the goal of golf? Use the fewest strokes possible to get the ball in the hole.
- How many golf clubs are you allowed to carry in your bag? 14--- Today we are using the putter. Where do we use the putter? On the putting green.
- Basic rules & etiquette of the putting green. (How to tend the flagstick, how to mark your ball, repairing ball marks, standing in the line of a putt, etc.) –Review this portion of Student Manual.



Golf Skills Development: (Remaining Time Allowed)

- Introduction to Putting – Posture, Grip, Aim & Basics of the Putting Stroke
- What is putting? It is a small stroke that is used on the green to get the ball into the hole.
- Posture – Bend over so your eyes are directly over the ball.
- Grip – Place both hands close together with the thumbs pointing straight down.
- Aim – Use the SNAG bullseye on the putter to aim to the SNAG bullseye on the target. The feet should be shoulder width with the toes pointing straight ahead.
- Putting Stroke – Create a Tick-Tock like a clock. The arms and shoulders gently swing back and through like the motion of a pendulum clock. There is no wrist motion. The ball rolls on the ground and does not go in the air, so it requires a small stroke.
- Drills and Games – Create team point contests(Team 1 vs. Team 2) with the SNAG bullseye board targets. Create distance control drills with short, medium and long putts with the SNAG flagsticks.



Conclusion: (3-5 minutes)

- Quick Review of the day's lesson
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute student lesson plans.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for First Lesson:

- SNAG putters and SNAG balls
- SNAG putting bullseye board targets and SNAG flagstick targets
- Divot repair tool and ball marker to display etiquette techniques.
- Bright Tape, hula hoops and orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for First Lesson:

- Create a minimum of four putting stations. Be careful to have enough space between each putting station to allow for safe swings by the students.
- Two putting stations use the SNAG bullseye putting target boards. The student putts from 10 feet away toward the SNAG bullseye putting target board. Have each student hit three putts and tally their points.
- Two putting stations use the SNAG flagstick targets. Place the targets at different lengths, around 10ft, 20ft, and 30ft. The student will putt one ball to each target and try to get a feel for different distance putts.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to putt. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- Only place one SNAG putter at each putting station.
- Only place three SNAG balls at each putting station.
- Have all students putt at the same time and then retrieve their balls at the same time.

Second Lesson: Chipping

Introduction: (3-5 minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes) Have students practice these skills.

- Compliment others on their good shots. Encourage others after bad shots. Be a positive person!
- Always take off your hat and shake hands with your opponents or partners after the round of golf is complete. You can say "I enjoyed playing with you." Or "Thanks for a fun day." Leave them with a positive impression of you.



Rules and Etiquette Development: (3-5 Minutes)

- Speed of play. Always be ready when it is your turn. Keep up with the golfers who are playing in the group in front of you. Only take one practice swing before each shot.
- Know where to place your bag and clubs around the green. Always set your bag and clubs on the side of the green that is closest to the next hole.
- Why do you identify your golf ball? How do you identify your golf ball? You must be able to identify your golf ball so it does not get mistaken as another golfer's ball. You can use a sharpie marker and draw on your golf ball. Be creative, use dots, lines, your initials or draw a picture.



Golf Skills Development: (Remaining Time Allowed)

- Introduction to Chipping. Posture, Grip, Aim & Basics of the Chipping Stroke
- What is chipping? Chipping is a low trajectory shot used when your ball is close to the green. The ball will fly low to the ground, land and then roll to the flagstick. Generally the ball carries 1/3 of the way in the air and then rolls 2/3 of the way to the hole.
- Posture – Bend forward so that your arms can hang comfortably down from your shoulders. Place a small flex in your knees. Feet are close together for chipping. Place 90% of your weight on the forward foot and keep the weight on that foot throughout the shot. The ball is positioned back in the stance.
- Grip – Place both hands close together with the thumbs pointing straight down. Lean the clubshaft forward(toward the front leg) to make the ball fly low.
- Aim – Use the SNAG bullseye on the golf club to aim to the SNAG bullseye on the target.
- Chipping Stroke – The chipping motion is similar to the putting motion. It is a small stroke that creates a Tick-Tock like a clock. The arms and shoulders gently swing back and through like the motion of a pendulum clock. There is no wrist motion.
- Drills and Games – Create team point contests (Team 1 vs. Team 2) with the SNAG bullseye board targets. Use tape to make large X's on the floor to designate where the ball should land and then have the ball roll under a chair or table to the SNAG bullseye target board that is on the other side of the chair or table. This will promote hitting low, rolling shots.



Conclusion: (3-5 Minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute student lesson plans.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Second Lesson:

- SNAG clubs and SNAG balls
- SNAG bullseye board targets and SNAG flagstick targets
- SNAG launching pads and SNAG tees
- Tape to place the X's on the floor to designate the landing areas.
- Chairs or tables to chip under.
- Real golf balls to show how you identify your golf ball.
- Golf bag with clubs to show how to place your bag down on the side of the green that is closest to the next teeing ground.
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Second Lesson:

- Create a minimum of four chipping stations. Be careful to have enough space between each chipping station to allow for safe swings by the students.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to chip. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- At each station, place an X with tape on the floor to show the student their landing area. The X should be 5-10 ft away from the student. The student will try to land the ball on the X and then let the ball roll under a table or chair and into the SNAG bullseye target board.
- Have each student hit three chips and then tally their points. Points can be given for hitting the X landing area, successfully rolling the ball under the chair or table and then for hitting the SNAG bullseye target board
- Only place one SNAG club at each chipping station.
- Only place three SNAG balls at each chipping station.
- Have all students chip at the same time and then retrieve their balls at the same time.

Third Lesson – Pitching:

Introduction: (3-5 minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes)

- Be prepared. Make sure you wear sunscreen and a hat or visor on a hot day. Take a jacket for cold days.
- Check your golf bag for supplies. You need tees, golf balls, gloves, ball markers, divot repair tool, towel and clubs. Compare to being prepared for school. Make sure you have all your books, notebooks, homework, etc. in your backpack for school each day.



Rules and Etiquette Development: (3-5 Minutes)

- What is a divot? How do you repair a divot in the fairway? Describe this process.
- A divot occurs when your iron enters the ground and a patch of the ground is removed, leaving a scar on the ground. There are two ways of repairing, or "fixing," divots. One is to fill the divot with sand or a sand-and-seed mixture; the other is to retrieve the turfgrass patch that was sliced off and put it back in place.

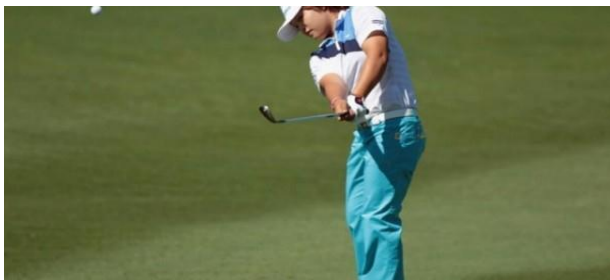


- What are the differences between the driver, woods, hybrids, irons, wedges and putter? Show how to organize the golf clubs in the bag. Review this portion of the Student Manual.



Golf Skills Development: (Remaining Time Allowed)

- Introduction to Pitching – Posture, Grip, Aim & Basics of the Pitching Swing
- What is pitching? Pitching is a high trajectory shot used when you are close to the green and need to hit the ball high in the air and get it to stop quickly without much roll. Generally the ball carries 2/3 of the way in the air and rolls 1/3 of the way to the hole.
- Posture – Bend forward so that your arms can hang comfortably down from your shoulders. Place a small flex in your knees. Feet are a narrow shoulder width apart for pitching. Place slightly more weight on the forward foot. The ball is positioned in the middle of the stance.
- Grip – Place both hands close together with the thumbs pointing straight down. The clubshaft should be aligned with your belly button at address.
- Aim – Use the SNAG bullseye on the golf club to aim to the SNAG bullseye on the target.
- Pitching Swing – Pitching requires a slightly larger swing to get the ball to go up in the air. For today's shot we are going to swing about belt high on both sides of our body. Be sure to turn your body to the finish position. Face the target and hold your finish so that your weight is on the forward foot and you are balanced.
- Drills and Games: Create team point contests (Team 1 vs. Team 2) with the SNAG bullseye targets. Have the students try to pitch the ball over a chair or table and hit the SNAG bullseye targets or try to hit the ball into laundry baskets.



Conclusion: (3-5 minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Third Lesson:

- SNAG clubs and SNAG balls
- SNAG bullseye targets and laundry baskets
- SNAG launching pads and SNAG tees
- Chairs or tables to pitch over.
- Golf bag with clubs to show all the clubs and how to properly organize the clubs in the bag.
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Third Lesson:

- Create a minimum of four pitching stations. Be careful to have enough space between each pitching station to allow for safe swings by the students.
- Two pitching stations use the large SNAG circle bullseye targets. The student pitches from 30ft and tries to pitch the ball over a table or chair and hit the SNAG bullseye target. Have each student pitch three balls and tally points based on if the ball goes over the chair or table and then if it hits the SNAG bullseye target.
- Two pitching stations use laundry baskets as targets. The student pitches from 30 ft and tries to pitch the ball over a table or chair and hit the ball into the laundry baskets. Have each student pitch three balls and tally points based on if the ball goes over the chair or table and if it hits one of the laundry baskets or goes in one of the laundry baskets.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to pitch. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- Only place one SNAG club at each pitching station.
- Only place three SNAG balls at each pitching station.
- Have all students pitch at the same time and then retrieve their balls at the same time.

Fourth Lesson: Full Swing

Introduction: (3-5 Minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes)

- Golf is a game of integrity and honor. Learn the rules and follow the rules. If you know that you mistakenly broke a rule, then be sure to inform your playing partners and assess the correct penalty upon yourself.
- Golf is a game that individuals of all ages can play. Play with your parents, your grandparents and your friends. You will learn valuable lessons by playing with others.



Rules and Etiquette Development: (3-5 Minutes)

- What is the teeing ground? The teeing ground is the starting place for the hole. You must tee up within the tee marker boundaries and within two club-lengths behind the tee markers.
- How do you determine the order of play? The person who had the lowest score on the previous hole has the honor on the tee.



Golf Skills Development: (Remaining Time Allowed)

- Introduction to the Full Swing: Posture, Grip, Aim & Basics of the Full Swing
- Posture – Bend forward so that your arms can hang comfortably down from your shoulders. Place a small flex in your knees. Feet are shoulder width apart for the full swing. Weight is evenly distributed between both feet.
- Grip – Place both hands close together with the thumbs pointing straight down. The clubshaft should be aligned just slightly ahead of your belly button at address.
- Aim – Use the SNAG bullseye on the clubface to aim to the SNAG bullseye on the target. The student's toes should be pointing straight ahead.
- Full Swing – Swing the club back and swing the club all the way through to the finish. Hold the finish position. Focus on balance. The weight should completely transfer to the front foot and the back toe should be pointing into the ground.
- Drill and Games – Create team point contests (Team 1 vs. Team 2) with the SNAG bullseye targets. Create contests to see who can hit it into the basketball goal.



Conclusion: (3-5 Minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Fourth Lesson:

- SNAG clubs and SNAG balls
- SNAG bullseye targets
- SNAG launching pads and SNAG tees
- Tee markers, tees, golf balls and golf clubs to create the teeing ground and discuss how to properly tee the ball up.
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Fourth Lesson:

- Create a minimum of four hitting stations. Be careful to have enough space between each hitting station to allow for safe swings by the students.
- Two hitting stations use the large SNAG circle bullseye targets. The student hits from the center of the gym and tries to hit the SNAG bullseye targets on the gym wall. Have each student hit three balls and tally points based on if the ball carries far enough to hit the wall and if the ball hits the SNAG bullseye targets.
- Two hitting stations try to hit the balls into the basketball goal. The student hits from the center of the gym and tries to hit the ball into the basketball goal. Have each student hit three balls and tally points based on if the ball hits the backboard or goes into the basket.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to hit. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- Only place one SNAG club at each pitching station.
- Only place three SNAG balls at each pitching station.
- Have all students hit at the same time and then retrieve their balls at the same time.

Fifth Lesson: Review The Shots

Introduction: (3-5 Minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

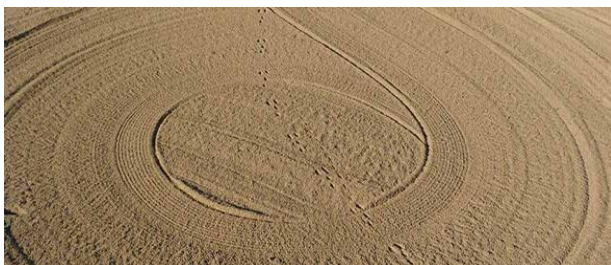
Character Development: (3-5 Minutes)

- Be confident yet be humble. To succeed in golf or in life you must believe in yourself and your abilities, but it is important to always be respectful of others and to realize your own faults.
- Be a good winner! Never flaunt your victory. Be a good loser! Always congratulate the winner. You want to be known for your strong character, not your bad behavior.



Rules and Etiquette Development: (3-5 Minutes)

- What is the rule about touching the sand in the bunker? The bunker is considered to be a hazard and you are not allowed to touch the sand or ground your club in a bunker. You must hold the clubhead in the air and hover it above the sand before you make your swing. The penalty for a breach of this rule is a two shot penalty.
- What do I do after I hit my bunker shot? Before leaving a bunker, a player should carefully smooth over all holes and footprints that were made. If a rake is available then the rake should be used for this purpose.



Golf Skills Development: (Remaining Time Allowed)

- Basic Review of Putting, Chipping, Pitching and the Full Swing
- Differentiate each shot and the purpose of each shot.

Conclusion: (3-5 Minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Fifth Lesson:

- SNAG Putters, SNAG clubs and SNAG balls
- SNAG putting bullseye board targets, SNAG flagstick targets and SNAG circle bullseye targets
- SNAG launching pads and SNAG tees
- Table or chairs for chipping and pitching stations.
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Fifth Lesson:

- Create four stations. One station for putting, one station for chipping, one station for pitching and one station for full swing. Be careful to have enough space between each hitting station to allow for safe swings by the students.
- Set up one putting station using the SNAG bullseye putting target board. The student putts from 10 feet away toward the SNAG bullseye putting target board. Have each student hit three putts and tally their points.
- Set up one chipping station, place an X with tape on the floor to show the student their landing area. The X should be 5-10 ft away from the student. The student will try to land the ball on the X and then let the ball roll under a table or chair and into the SNAG bullseye target board.
- Have each student hit three chips and then tally their points. Points can be given for hitting the X landing area, successfully rolling the ball under the chair or table and then for hitting the SNAG bullseye target board
- Set up one pitching station using laundry baskets as targets. The student pitches from 30 ft and tries to pitch the ball over a table or chair and hit the ball into the laundry baskets. Have each student pitch three balls and tally points based on if the ball goes over the chair or table and if it hits one of the laundry baskets or goes in one of the laundry baskets.
- Set up one hitting station using the large SNAG circle bullseye targets. The student hits from the center of the gym and tries to hit the SNAG bullseye targets on the gym wall. Have each student hit three balls and tally points based on if the ball carries far enough to hit the wall and if the ball hits the SNAG bullseye targets.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to hit. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- Place only one SNAG putter and three SNAG balls at the putting station.
- Place only one SNAG club and three SNAG balls at each of the chipping, pitching and full swing stations.
- Have all students hit at the same time and then retrieve their balls at the same time.

Sixth Lesson: SNAG Baseball!

Introduction: (3-5 Minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes) - Have students practice these skills.

- When speaking to someone, be sure to look them in the eye and maintain your focus on the conversation. Speak clearly so that your words can be easily understood. No mumbling your words or looking at the ground during a conversation. Good communication skills can lead to great success!

Rules and Etiquette Development: (3-5 minutes)

- How long can I look for my ball? You can look for your golf ball for 5 minutes. After 5 minutes of searching without finding the ball, then the ball is deemed to have been lost and you will have to return to the spot of the previous shot and incur the penalty of stroke and distance.



Golf Skills Development: (Remaining Time Allotted)

- SNAG Baseball – Divide the students into two teams. This game is just like regular baseball but the “batter” hits with the SNAG golf club and hits the SNAG ball off of the launcher pad.

Conclusion: (3-5 Minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Sixth Lesson:

- SNAG clubs, SNAG balls or Birdie Balls, SNAG Launcher pads and tees
- Home plate, first, second and third base
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate safety waiting zones. 2) Use hula hoops as designated "up to bat next" stations. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Sixth Lesson:

- Create a baseball field. Place home plate, first, second and third base in a diamond formation. Allow for plenty of running space between the bases.
- Have the team "in the field" assume their positions for defense.
- Have the team "in the dugout" safely waiting behind the bright tape or orange cones in the safety waiting zone. Consider using hula hoops to identify the students batting line-up and order in which they will hit.
- Place only one SNAG right handed and one SNAG left handed club at home plate.
- Place only one SNAG ball on the launcher pad. Only one ball will be needed.

Seventh Lesson: Speed Golf! Relay Team Event

Introduction: (3-5 Minutes)

- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes)

- Always keep your promises. Never promise something to someone and then not be able to deliver what you promised. Friends and family count on you to do what you promise you will do. Co-workers and employers count on you to do what you promise you will do. Never make a promise that you can't keep. Be reliable and responsible. You want others to always know that they can count on you.

Rules and Etiquette Development: (3-5 Minutes)

- You have hit your putt and the golf ball is hanging over the edge of the hole. Can you blow on it to make it go in? No, you cannot blow on the golf ball. You cannot exert any force upon the golf ball. In this case, you can walk up to the golf ball, wait 10 seconds and if the golf ball has not fallen into the hole within 10 seconds, then you must tap it in to finish the hole.



Golf Skills Development: (Remaining Time Allowed)

- SNAG Speed Golf – Relay Team Event
- Create two stations. Both stations will be exactly the same. One student will have a SNAG golf club and will take a full swing and hit the shot toward the SNAG flagstick at the other end of the gym. The other student will then run the length of the gym floor, pick up the SNAG putter leaning against the opposite gym wall and go putt the ball until it hits the SNAG flagstick. Score will not be counted. The first team to get their SNAG ball to stick to the SNAG flagstick wins!
- The students will compete in two person teams against other two person teams.
- There could also be a large team competition. For example, each large team might consist of 5 two person teams and the first team to have all 5 of their two person teams finish the course wins the competition.

Conclusion: (3-5 Minutes)

- Quick Review of the day's lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Seventh Lesson:

- SNAG putters, SNAG clubs, and SNAG balls
- SNAG launcher pads, SNAG tees and SNAG flagstick
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Seventh Lesson:

- Create two stations. Each station has a SNAG launcher pad, a SNAG tee, a SNAG ball and a right handed and left handed SNAG club at one end of the gym.
- At the opposite end of the gym, each station has a SNAG putter leaning up against the wall and a SNAG flagstick target.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to hit. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.

Eighth Lesson – Hit the Gator, Hippo, Golfzilla

Introduction: (3-5 Minutes)

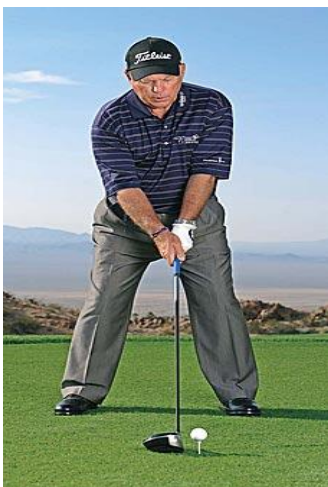
- Introduce yourself and any other instructors to the group.
- Thank the P.E. Teacher and the school for allowing you to teach golf in the class.
- Discuss general safety rules and guidelines. Safety Skills – Always look before you swing, never hit towards someone, be aware of your surroundings at all times, walk....don't run to your stations. Explain the hitting zones and the safety waiting zones.

Character Development: (3-5 Minutes) – Have students practice these skills.

- Always respect your elders. It is polite to address your elders with a “Yes, mam or Yes sir”, not a “yeah or nope”. Be sure to offer help by holding open the door, carrying an item, or just engaging them in friendly conversation. You can learn a lot from your elders.

Rules and Etiquette Development: (3-5 Minutes)

- Where is the best place to stand when someone is teeing off? The safest place to stand is where you can look at the golfer from a straight on position. You don't want to be in front of them as you would not want to be hit and you also do not want to be behind them as that can often be distracting to the golfer. It is best to stand still and silent. Be sure that you are far enough away from the golfer that your presence will not bother them as they hit their shot. The photographer taking the picture below was standing in a safe position.



Golf Skills Development: (Remaining Time Allowed)

- Full Swing Review
- Hit the Birdie balls into the Gator, Hippo or Golfzilla!
- Team Contests – Divide the students into teams. Allow each student to hit five Birdie balls at the targets. Award points for hitting the Gator, Hippo or Golfzilla. Award points for actually successfully hitting the Birdie balls into the Gator or Hippo’s mouths. The team with the most points is the winner of the team competition.

Conclusion: (3-5 Minutes)

- Quick Review of the day’s lesson.
- Promote yourself and your facility and let the kids know that you would love to teach them golf at your facility if they are interested. Be enthusiastic! Distribute lesson plans to students.
- A thank you to the kids, P.E. Teacher and school for the opportunity.

Equipment Needed for Eighth Lesson:

- SNAG clubs, and Birdie balls
- SNAG launcher pads and SNAG tees
- Gator, Hippo or Golfzilla, fan to blow up the inflatable, long extension cord
- Bright tape, hula hoops, orange cones
- Safety ideas: 1) Use bright tape on the floor to designate hitting areas and safety waiting zones. 2) Use hula hoops as designated hitting areas. 3) Use orange cones to designate safety waiting zones.
- Name tags for you and any other instructors to wear.
- Copies of the lesson plan to give to the students. Be sure to attach your business card!
- Be sure to remove all of your equipment and return the setting back to its original condition.

Set Up Guidelines for Eighth Lesson:

- Create four stations. Each station has a SNAG launcher pad, a SNAG tee, Birdie balls and a right handed and left handed SNAG club at one end of the gym.
- At the opposite end of the gym the Gator, Hippo or Golfzilla will be set up.
- Place either tape or hula hoops on the floor to designate where each student should stand when it is their turn to hit. Use tape or orange cones to designate where each student should stand when they are waiting for their turn.
- Have all students hit at the same time and then retrieve their balls at the same time.